

La Mariposa Packing List

Miscellaneous

1. Daypack
2. Water bottle
3. Towel for swimming/beach
4. Bug repellent
5. Sunscreen
6. Flashlight (if you are in homestay or like night walks)
7. Class supplies: notebook, pen, grammar book/dictionary if you prefer your own
8. Electronics (phone, laptop if desired)
9. Class supplies: notebook, pen, grammar book/dictionary if you prefer your own
10. Toiletries
11. Extras: Reading materials, earplugs, camera, games, etc.
12. Basic medical supplies (anti-diarrhea, antiseptic lotion, antihistamine, band aids, painkillers etc.)

Clothing

1. T-shirts/Tanks/Long sleeve button downs for sun protection
2. Sweater/long-sleeve shirts for cooler nights (especially in the rainy season)
3. Trousers/Capris/Appropriate Shorts/Long skirts – note that jeans can be difficult to dry in the wet season and hot in the hot weather! Long trousers are very useful but make sure they are lightweight and easy to wash and dry (such as Columbia, REI, Ex Officio).
4. Bathing suit (Beach/Laguna de Apoyo)
5. Hat
6. Socks
7. Good trainers /walking shoes Sandals/flip flops

Rainy season (May-Nov): rain jacket, umbrella. Weather is generally cooler, particularly at night.

Dry Season: (Dec-April): No real need for rain gear! It can be quite hot, so pack lighter clothing.

Bring clothes that you are not too worried about, as we have lots of dogs, horses etc

****Note for females - Wearing revealing tops or shorts (only appropriate at the beach or Laguna de Apoyo) will make you a legitimate target for serious male attention*

Donations (Optional)

- Books - children's books in Spanish for our educational projects, general reading in Spanish or English for our library (we are always grateful for any dictionaries, Spanish grammar books or flash cards that you are no longer using.)
- School supplies - everything from markers to notebooks to pencil sharpeners, everything!
- Sporting goods - balls, jump ropes, etc...
- Seeds for our organic farms!
- Medical supplies - small quantities, no controlled substances